

Inger Marie Moen Reiten, MSc MBA

Inger Marie is an inspiring and insightful discussion partner and coach for top performers as leaders and others experiencing challenges and high pressure executing their tasks and missions on their job or in their lives. In meeting with people her integrity and sympathy creates a trustworthy and calm atmosphere giving the basis for an open and positive dialog. Her structured but practical approach contributes to easily target the core of issues people have to create the desired changes so clients achieve their results and goals effectively.

Inger Marie has held product and sales management positions for six years in the health sector and for two years she was an independent consultant for Statskonsult/The Directorate for Management and Organization. She has also been working with fundraising for a patient association. She then worked for eight years as a communications adviser for Burson-Marsteller, for a broad variety of international organisations and industries, thus specialising in health communication.

After doing a career move from communication counselling for leaders and businesses, Inger Marie has since 2005 been working as a coach for individuals with a wide variety of issues and challenges. The clients have ranged from leaders, employees and individuals as well as clients with more complex life changes.

She is working with a range of issues as relations, performance, self-esteem, stress, burnouts to mention some. She has been helping people get back to work, into new positions or careers, improving performance in specific areas or situations and supporting people in getting changes and managing themselves for a better way of life.

She is an experienced health coach working with a broad variety of problems, with specialized competence with pain, fatigue and conditions influenced by overperformance over time.

Inger Marie has a sincere interest and belief in the individuals' resources and capabilities. She is dedicated in helping people overcome challenges and help clients achieve their goals and get the success they want in life.

Qualifications and roles

- MSc in Marketing from Norwegian School of Marketing with specialisation in Leadership and Human Behaviour (Oslo)
- MBA from Norwegian School of Management BI (Oslo)

- Certified in Inspiring Coaching, Ringom-Instituttet (Oslo)
- Certified NLP Master Practitioner, Metaresource (Oslo)
- Diploma in NLP, Hypnotherapy and Life coaching, PPTI (London)
- Advanced Practitioner of Lightning Process, Phil Parker Training Institute (London)
- Licenced Provincial Trainer, Richard Bandler (USA)
- Mindfulness trainer, Scandinavian Centre of Awareness Training (Oslo)
- Certified Quantum Leap Business Coach, The Coach Mentor/Coach Team (Oslo)
- DNCF Certified Coach. Health Coach. DNCF (Oslo)
- DNCF Certified Mentor. Den Norske CoachForening , DNCF (Oslo)
- Pain Processing Therapy Coach, Pain Processing Therapy Center, USA

- Honored the best soccer player of the match in the final of Norway Cup in 1981. Athlete of the Year in Nordmøre in 1981 by the newspaper Tidens Krav. Selected for the Norwegian women's national football team
- Project leader for the Evaluation project for young people with tension headache, project funded by Gjensidige Foundation (Gjensidigestiftelsen) / completed via Norwegian Institute of Sports Medicine (Norsk idrettsmedisinsk institutt, Nimi)
- Chair/member of the Board, Norwegian Association of Lightning Process Practitioners
- Member/Chair of the Board, Norwegian Coach Association (NCA)

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